



## Ethical approval of project

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**Title:** Creating, establishing, and improving compassionate environments for elite athletes.

**Principal investigator(s):** Ida Emilia Backman.

**Approval number:** IP-IRB / 06072022.

**Date of approval:** 06.07.2022.

THE FACULTY OF SOCIAL SCIENCES  
ETHICS COMMITTEE  
ASSOC. PROF. JAN NIELSEN  
PROFESSOR KAMILLA MISKOWIAK  
ASSOC. PROF. PIA INGOLD  
ØSTER FARIMAGSGADE 2A  
1353 KØBENHAVN K

TEL +45 35 32 49 25  
jan.nielsen@psy.ku.dk  
www.psychology.ku.dk

The Institutional Ethical Review Board, University of Copenhagen, Department of Psychology, has reviewed the application entitled “Creating, establishing, and improving compassionate environments for elite athletes” and approved it. All approved applications follow *i*) the 1975 Helsinki Declaration as revised in 2008 (including §24 on informed consent, and – for clinical studies – §19 on clinical trial preregistration); *ii*) APA ethical standards in publishing (APA Ethical principles, 2010, Section 8: Research and publication; including 8.14 on data retention and sharing), as well as national ethical guidelines.

Yours,

Jan Nielsen, Associate Professor  
Kamilla Miskowiak, Professor  
Pia Ingold, Associate Professor

Institutional Ethical Review Board